Scored Patient-Generated Subjective Global Assessment (PG-SGA)

History (Boxes 1-4 are designed to be completed by the patient.)

1. **Weight (See Worksheet 1)**
   - In summary of my current and recent weight:
     - I currently weigh about _______ pounds
     - I am about _________ feet _________ tall
   - One month ago I weighed about _________ pounds
   - Six months ago I weighed about _________ pounds
   - During the past two weeks my weight has:
     - □ decreased (1) □ not changed (0) □ increased (0)  

2. **Food Intake:** As compared to my normal intake, I would rate my food intake during the past month as:
   - □ unchanged (0)
   - □ more than usual (0)
   - □ less than usual (1)
   - I am now taking:
     - □ normal food but less than normal amount (1)
     - □ little solid food (2)
     - □ only liquids (3)
     - □ only nutritional supplements (3)
     - □ very little of anything (4)
     - □ only tube feedings or only nutrition by vein (0)  

3. **Symptoms:** I have had the following problems that have kept me from eating enough during the past two weeks (check all that apply):
   - □ no problems eating (0)
   - □ no appetite, just did not feel like eating (3)
   - □ nausea (1)
   - □ constipation (1)
   - □ mouth sores (2)
   - □ things taste funny or have no taste (1)
   - □ problems swallowing (2)
   - □ pain; where? (3)__________
   - □ feel full quickly (1)
   - □ feel full quickly (1)
   - □ smells bother me (1)
   - □ vomiting (3)
   - □ diarrhea (3)
   - □ dry mouth (3)
   - □ feel full quickly (1)
   - □ fatigue (1)

4. **Activities and Function:** Over the past month, I would generally rate my activity as:
   - □ normal with no limitations (0)
   - □ not my normal self, but able to be up and about with fairly normal activities (1)
   - □ not feeling up to most things, but in bed or chair less than half the day (2)
   - □ able to do little activity and spend most of the day in bed or chair (3)
   - □ pretty much bedridden, rarely out of bed (3)

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